

# CENTRAL DEWITT SABERS MOUNTAIN BIKING TEAM



**OPEN TO MIDDLE SCHOOL STUDENTS**  
(currently in 6th, 7th and 8th grade)

## PRACTICES

Sundays from 5-6 pm beginning May 10th and ending June 21st at Westbrook Park FORC trailhead kiosk by the dog park.

## IOWA SCHOLASTIC MOUNTAIN BIKE LEAGUE RACES

Not required, but highly encouraged - Saturdays 11 am - 1 pm  
May 30-June 27, \$40 entry fee per race or prepaid discount \$160 for all 5 races.  
financial aid available for race entry fees for students on free or reduced lunch.

## REGISTRATION & REQUIREMENTS

- Must register and complete waiver and \$25 payment through ISMTBL <https://forms.gle/791wKphSnUAg3Aej9>
- Riders need a helmet, mountain bike, water bottle, close-toed shoes, and Central DeWitt Sabers t-shirt or jersey for races only.

