

CENTRAL DEWITT SABERS MOUNTAIN BIKING TEAM



OPEN TO MIDDLE SCHOOL STUDENTS
Currently in 7th and 8th grade.

PRACTICES

Sundays from 6-7 pm beginning May 10th and ending June 21st at Westbrook Park FORC trailhead kiosk by the dog park.

IOWA SCHOLASTIC MOUNTAIN BIKE LEAGUE RACES

Not required, but highly encouraged - Saturdays 11 am - 1 pm
May 30-June 27, \$40 entry fee per race or prepaid discount \$160 for all 5 races.

REGISTRATION & REQUIREMENTS

- Must register and complete waiver and \$25 payment through ISMTBL https://docs.google.com/forms/d/e/1FAIpQLScIzGTQu-iy9fXdgUyBhY5rZKvAadgVcnqRkR92JS2XaID8_g/viewform?usp=header
- Riders must have an approved helmet, a mountain bike with 1.75 inch wide tires, 26-29" wheels, a required water bottle, closed toed shoes, and a Central DeWitt Sabers t-shirt or borrowed / purchased jersey for races.

