

Saber Track & Field Camp 2026



Held at Birney Field at Central DeWitt High School; DeWitt, Iowa

June 1st-2nd

Monday 9:00AM-11:00AM & Tuesday 9:00AM-11:00AM



*** BOYS & GIRLS EXITING GRADES 1ST-6TH DURING THE 2025-2026 SCHOOL YEAR***

THE FEE FOR ATTENDING THE CAMP IS \$25.00

Topics covered will include proper running form, high jump, long jump, hurdling, block starts, and baton handoffs. Athletes will be automatically timed in the 40-yard dash, have their vertical jump and long jump measured, and have their top speed calculated in miles per hour. Kids will leave camp each day with a popsicle and a smile! If you have any questions, feel free to call/text/email Coach Lansing at (563)-380-7700 (please text)

Central DeWitt High School
425 East 11th Street; DeWitt, Iowa 52742
jason.lansing@cd-csd.org

Fill out the registration online at:

<https://www.gobound.com/ia/schools/centraldewitt/camps>

Then select Saber Track & Field Camp > Register Now