

Saber Track & Field Camp 2025



Held at Birney Field at Central DeWitt High School; DeWitt, Iowa

June 9th-10th

Monday 9:00AM-11:00AM & Tuesday 9:00AM-11:00AM



*** BOYS & GIRLS EXITING GRADES 1ST-6TH DURING THE 2024-2025 SCHOOL YEAR***

THE FEE FOR ATTENDING THE CAMP IS \$25.00

Topics covered will include proper running form, high jump, long jump, hurdling, block starts, and baton handoffs. Athletes will be automatically timed in the 40-yard dash, have their vertical jump and long jump measured, and have their top speed calculated in miles per hour. Kids will leave camp each day with a popsicle and a smile! If you have any questions, feel free to call/text Coach Lansing at (563)-380-7700 (please text)

Cut on this line, send application, and check to: Central DeWitt High School
c/o Jason Lansing; 425 East 11th Street; DeWitt, Iowa 52742
jason.lansing@cd-csd.org

Fill out the registration online at :

<https://www.gobound.com/ia/schools/centraldewitt/camps>

Then select Saber Track & Field Camp > Register Now