

Saber Track & Field Camp 2022



Held at Birney Field at Central DeWitt High School; DeWitt, Iowa
June 2nd-3rd

Thursday 9:00AM-11:00AM & Friday 9:00AM-11:00AM



*** BOYS & GIRLS EXITING GRADES 1ST-6TH DURING THE 2021-2022 SCHOOL YEAR***
THE FEE FOR ATTENDING THE CAMP IS \$25.00

Topics covered will include proper running form, high jump, long jump, hurdling, block starts, and baton handoffs. Athletes will be automatically timed in the 40-yard dash, have their vertical jump and long jump measured, and have their top speed calculated in miles per hour. Kids will leave camp each day with a popsicle and a smile! If you have any questions, feel free to call/text Coach Lansing at (563)-380-7700 (please text)

Cut on this line, send application, and check to: Central DeWitt High School
c/o Jason Lansing; 425 East 11th Street; DeWitt, Iowa 52742
jason.lansing@cd-csd.org

SABER TRACK & FIELD CAMP APPLICATION FOR 2022 *(Please be sure to fill in ALL information on the application)*

NAME _____ GRADE GRADUATING FROM THIS SPRING _____
ADDRESS _____ CITY _____ STATE _____ ZIP _____
PHONE NUMBER _____ ALTERNATE EMERGENCY PHONE NUMBER _____

We/I hereby release the Central DeWitt School Board and the Central DeWitt Track & Field Camp Staff from all claims on account of any injuries or sickness, which may be sustained by our/my son/daughter while attending, or traveling to or from, the Saber Track & Field Camp. We/I further agree to indemnify the Central DeWitt School Board and the Central DeWitt Track & Field Camp Staff for any claim, which may hereafter be presented by our/my son/daughter because of any such injuries. (Mail this form and \$25 to: Central DeWitt High School c/o Jason Lansing; 425 East 11th St.; DeWitt, Iowa 52742) Checks should be made payable to: Central DeWitt Track & Field Camp.

SIGNED (PARENT) _____ DATE _____

*PLEASE LIST ANY HEALTH CONCERNS AND/OR TREATMENTS HERE: _____

Amount Due: Camp = \$25