

Saber Track & Field Camp 2021



Held at Birney Field at Central DeWitt High School; DeWitt, Iowa

June 2nd-3rd

Wednesday 9:00AM-11:00AM & Thursday 9:00AM-11:00AM

*** BOYS & GIRLS EXITING GRADES 1ST-6TH DURING THE 2020-2021 SCHOOL YEAR***
THE FEE FOR ATTENDING THE CAMP IS \$20.00

Topics covered will include proper running form, high jump, long jump, hurdling, block starts, and baton handoffs. Athletes will be automatically timed in the 40-yard dash, have their vertical jump and long jump measured, and have their top speed calculated in miles per hour. If you have any questions, feel free to call Coach Lansing at (563)-380-7700 (please text)

Cut on this line, send application, and check to: Central DeWitt High School
c/o Jason Lansing; 425 East 11th Street; DeWitt, Iowa 52742
jason.lansing@cd-csd.org

SABER TRACK & FIELD CAMP APPLICATION FOR 2021

(Please be sure to fill in ALL information on the application)

NAME _____ GRADE GRADUATING FROM THIS SPRING _____
ADDRESS _____ CITY _____ STATE _____ ZIP _____
PHONE NUMBER _____ ALTERNATE EMERGENCY PHONE NUMBER _____

We/I hereby release the Central DeWitt School Board and the Central DeWitt Track & Field Camp Staff from all claims on account of any injuries or sickness, which may be sustained by our/my son/daughter while attending, or traveling to or from, the Saber Track & Field Camp. We/I further agree to indemnify the Central DeWitt School Board and the Central DeWitt Track & Field Camp Staff for any claim, which may hereafter be presented by our/my son/daughter because of any such injuries. (Mail this form and \$20 to: Central DeWitt High School c/o Jason Lansing; 425 East 11th St.; DeWitt, Iowa 52742) Checks should be made payable to: Central DeWitt Track & Field Camp.

SIGNED (PARENT) _____ DATE _____

*PLEASE LIST ANY HEALTH CONCERNS AND/OR TREATMENTS HERE: _____

Amount Due: Camp = \$20