



# 4-H

## GROWS HERE



### WHAT IS 4-H

4-H is a community of young people across America who are learning leadership, citizenship and life skills offered through a variety of settings: Clubs, schools, day camps, overnight camps, afterschool, and other learning environments. 4-H gives kids and teens opportunities to experience life skills and to practice them in a safe environment with caring adults.

### WHO CAN JOIN

For 4th through 12th graders, 4-H is a place where you can make new friends in your community and across the state. Want to start earlier? Kids in kindergarten through 3rd grade can participate in Clover Kids, which offers hands-on activities designed to build life skills and foster new friendships. Check out Clover Kids at [www.extension.iastate.edu/4h/iowa-4-h-clover-kids](http://www.extension.iastate.edu/4h/iowa-4-h-clover-kids)

### WHY JOIN 4-H

We want to hear what you have to say. You have the ability to be a leader and to influence and support others in positive ways. Go ahead, share your energy and vision while inspiring others and improving our world! To learn more visit [www.extension.iastate.edu/4h/](http://www.extension.iastate.edu/4h/)

### GET STARTED

#### PICK WHAT INTERESTS YOU

In 4-H, there are endless projects to explore. Everything from animals to clothing and sewing, home improvement to woodworking, shooting sports to outdoor adventures and so much more!

#### CHOOSE A CLUB AND GET INVOLVED

Your local ISU Extension and Outreach office can help you find a club in your area that fits you and your goals. Contact the leader, visit a club meeting, and get acquainted with the 4-H members and leaders.

#### ENROLL TODAY

▶ Call the Clinton County Extension and Outreach Office at 563-659-5125 or email [Clinton4h@iastate.edu](mailto:Clinton4h@iastate.edu) to learn more!

#### COUNTY-WIDE EVENTS in 2021-2022

- Fire Up! (Oct.)
- National 4-H Week (Oct.)
- Floral Design Workshop (Oct.)
- Officer Training Workshop (Nov.)
- Recognition Night (Nov.)
- Drone Camp (Dec.)
- Winter Plunge Camp (late Jan.)
- 4-H Basketball Tournament (Mar.)
- Bucket/Bottle Calf Workshop (Mar.)
- YQCA Face-to-Face Training (Apr.)
- Intermediate Zoo Trip (Apr.)
- 3 Day Junior 4-H Camp (Jun.)
- Summer Discovery Day Camps (Jun.)
- Clinton County Fair (Jul.)
- Iowa State Fair (Aug.)

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to [www.extension.iastate.edu/diversity/ext](http://www.extension.iastate.edu/diversity/ext).



IOWA STATE UNIVERSITY  
Extension and Outreach



# 4-H Clubs in Clinton County



Clinton County has a variety of 4-H clubs across the county for members to join. Many clubs meet on Sunday evenings and some meet during the week. Almost all clubs meet once a month and have extra optional activities. Questions? Email [clinton4h@iastate.edu](mailto:clinton4h@iastate.edu). Visit our website to see club leaders and meeting locations: <https://www.extension.iastate.edu/clinton/page/member-info>.

Don't see a club in your area? You can start one! Contact the Extension and Outreach Office at 563-659-5125.

