



Virtual Workshops Available for Grandparents Taking on the Role of Parents

The number of grandparents and older relatives who are caring for children, sometimes referred to as grand-families or kinship care, is significant and growing. This has the potential to be an incredibly rewarding experience but also comes with challenges, says Malisa Rader, a human sciences specialist with Iowa State University Extension and Outreach.

For help facing the challenges, Iowa custodial grandparents with grandchildren in grades 3 to 6 are invited to participate in the Helping Relationships "interAct" workshops from the comfort of their home. Custodial grandparents and grandchildren will be given resources, support and practical tips for life skills needed to create and discover rewarding relationships. There is no cost to register. Participants will receive a Chromebook to complete four virtual face-to-face sessions and six self-paced sessions. Gift cards are available for participants upon completion of virtual sessions.

For more information or to register, contact Ella Faulhaber by Jan. 15 at 515-294-1884 or CYFAR@iastate.edu.

More information: <https://www.extension.iastate.edu/news/virtual-workshops-available-grandparents-taking-role-parents>

WHEN:

Four virtual sessions
Six self-paced sessions

WHERE:

From your home!

RSVP:

Contact Ella Faulhaber by Jan. 15 at 515-294-1884 or CYFAR@iastate.edu.

OR

Contact Amanda at 563-659-5125.